



NOVA IN TOUCH IN TUNE

www.novabpw.org



Volume 5 Issue 4

JUNE 2023

Glynda Mayo Hall, *Director Public Relation*



Happy Independence Day



June 2023

Greetings from Madam President



Our 2022-2023 club year was nothing less than spectacular! This was probably the most community engaging year to date and it was due to the enthusiasm and motivation we had “coming out of the gate”! So, let’s just recap some of the accomplishments.

The 2022 4th Annual Leadership Retreat lead the way with introducing the Women’s History Theme, “Celebrating Women Who Tell Our Story”. Members were trained on a new communication application and work groups did the initial planning for upcoming programs. Our Think Heart, Think Health program, hosted live on facebook, introduced a panel of professionals from the local area. Our club actively participated in the planning and programming for the 2023 MLK Celebration. Several members joined the march, attended the event and I was honored to be one of the keynote speakers. The 2023 NOVABPW Club Women’s History “Best Friends”

Luncheon was excited with excellence and we had over 200 members and guest in attendance. The bi-annual Virtual Town Hall Discussion, BE THE VOICE THEY NEED” included a panel of expert speakers on Human Trafficking and other crimes against women. Our youth/Beta Psi’s also had a successful year and focused on community service by participating in the PEACE foundation sanitary napkin drive, GIRLS LOVE MAIL, by sending handwritten letters to girls needing encouragement while hospitalized and in MLK Day. Several Beta Psi’s were involved in many of the adult club programs this year. We were encouraged to see our youth/Beta Psi’s take on more leadership roles throughout the year!

Our year concluded with the 6th Annual Scholarship Program and us awarding four students one-time scholarships ranging from \$750 - \$1250 in addition to the Sherelle and Timothy Carper Granddaughters Legacy \$1000 Scholarship. Our final meeting for the year was in person at the National Headquarters in D.C., where we presented our 1st Member Special Recognition Award, honored our National President for an outstanding 4 years of service and recognized our 1st Beta Psi graduate.

2022-2023 was a great club year and the accomplishments were significant! As always, I am extremely blessed to be associated with such talented Sisters and look forward to what’s in store for the upcoming year. Be safe, have fun and enjoy family and friends!!

Janet Ford

President



June 2023



Cassandra Hamler



Congratulations

2023 Member of the Year

Cassandra J Hamler, is a proud southerner, born and raised in the great state of North Carolina. As a young girl I admired my parents and siblings, and all the inspiration and encouragement they gave me. I emulated my Mother's love of people and her Biblical teachings. As I grew older I mirrored the career path of my sister and became a passionate educator. I loved learning about the possibility of teaching, and subsequently became a special education teacher of children and adults.

During my years as a collegiate I studied at two wonderful HBCU's, earning a B.A., Shaw University, Speech Pathology; M.Ed., North Carolina Central University (NCCU), Speech Pathology and Audiology, and a minor in Special Education. While at NCCU I participated in a cohort program at University of North Carolina, Chapel Hill. After graduation I worked in public and private settings teaching students on the autism spectrum, and students and adults challenged with reading, writing, hearing and communication disorders.

I decided to embark on a leadership path, and studied Public School Administration at the University of Virginia Curry School of Education. I began teaching courses at George Mason University, and Northern Virginia Community College to young adults on an education career path. I also led Teacher Research projects, worked as a Special Education Administrative Resource Teacher, and as an Assistant Principal during summer sessions for Fairfax County Public Schools (FCPS). I also authored several grants, and received the School Board Recognition Award.

Post Retirement gave me the opportunity to enjoy teaching young children and teens at my church during Sunday school lessons, and with academics. I pioneered a "Saturday Opportunity for Learning," SOL Prep Program, and secured volunteers to assist with teaching test taking skills to elementary, middle, and high school students. As a result of student success, Fairfax County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. honored us with a Community Service Award for this outstanding program.

I am the Second Vice President of the Northern Virginia Business and Professional Women's Club. This role gives me the opportunity to mentor teens and college students to be the best at all they aspire to be. I am an Associate Member of Jack and Jill of America, Inc., Northern Virginia Chapter, a member of Delta Kappa Gamma Society, Alpha Nu Chapter, and a Life Member of NCCU.

I love beaches, reading, HBCU basketball tournaments, and most of all being a wife, mother, and "grand-mommie" of two adorable preschoolers!

June 2023

YOUTH

NOVA BPW BETA PSI



Cassandra Hamler
Second Vice President

Ms. Hamler sharing her wisdom and NOVABPW graduation gift with graduate **Janielle Walker**.

Congratulations
NOVABPW 2023
Member of the Year



Janielle became a member of NOVABPW as a youth and served as President under the tutelage of Second Vice President, Wanda Tank Gregory. She placed her emphasis on giving back and providing life lessons for minority students. When asked to be President of the Beta Psi Collegiate group Janielle replied "YES" without hesitation. She planned and attended events representing Beta Psi and the NOVABPW Adult Club. Janielle is the first Beta Psi graduate in the Mid-Atlantic District!



Youth member, Grace Carper and Beta Psi Past President Janielle Walker attend the June meeting at the National Office with Second Vice President Hamler

Political Awareness

Jennifer McClellan the 1st Black woman to represent Virginia in Congress

State Sen. Jennifer McClellan D-Richmond celebrates at her election party after winning the seat for Virginia's 4th Congressional District, in Richmond, Va. Virginia voters elected McClellan, a veteran state legislator from Richmond, to fill an open seat in the U.S. House of Representatives, where she will make history as the first Black woman to represent the state in Congress.

Congratulations
Congresswoman McClellan



NOVABPW OUTREACH



The Outreach Committee

Bobbie Jean DeHaven

Nicole Guess, Cassandra Hamler, and Outreach Committee Chair, Bobbie Jean DeHaven had the distinct opportunity to welcome three of the new residents and their children of **Carried To Full Term**. The Committee presented the residents with gift cards for groceries. The residents were grateful and so elated that the NOVABPW Club members actually took out time to visit with them.



June 2023

Virtual Town Hall Discussion

Be The Voice They Need

Saturday, May 20, 2023

Topic: "Vocalizers Part 2 – Women Speaking Out against Child Marriage, Trafficking, and Female Genital Mutilation (FGM)"



Del. Candi M. King
Video- Confirmed



Jennifer McClellan, Congress of VA
Remarks-Confirmed



Invited Keynote Speaker: U. S Congresswoman Sheila Jackson Lee (TX-18th District)



Sandra Marie Anderson,
Founder of Love Gardens
Ministries



Angela Peabody,
Founder/CEO, Global
Woman P.E.A.C.E
Foundation



Janine E. Payne,
Program Moderator,
Co-Founder & Executive Director,
Institute for the Advancement of
Women's Health



Sandace Burke-Parrott, Public
Speaker, Social Entrepreneur
serving At-Risk Youth

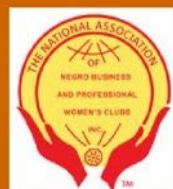


LaShawn Moore,
"Mother & Survivor of
Human Trafficking"



Link: [Launch Meeting - Zoom](#)

11:00 AM – 1:00 PM Eastern Time
10:00 AM – 12:00 PM Central Time
9:00 AM – 11:00 AM Mountain Time
8:00 AM – 10:00 AM Pacific Time



Education

A CELEBRATION OF ACADEMIC EXCELLENCE

Northern Virginia Business and Professional Women's Club 2023 Scholarship Award Program



Akacia Corbin

1st Place Award Scholar Awarded \$1250



Akacia Corbin is graduating senior at the International School Bangkok where she is enrolled in advanced classes and dual enrollment courses, graduating with a 4.46 GPA.

Akacia plans to attend Howard University as a biology major in hopes of becoming an Obstetrician-Gynecologist.

Cassidy Grace Mazyck

2nd Place Award Scholar Awarded \$1000



Cassidy Grace Mazyck is a graduating senior at Hayfield Secondary School, where she is an all "A" honor roll senior enrolled in dual enrollment courses, graduating with a 4.35 GPA.

Cassidy plans to attend Virginia Commonwealth University Honors College major in clinical radiation sciences where she aspires to become an interventional radiologist.

Raigan Zion Johnson

3rd Place BPW Award Scholar Awarded \$750



Raigan Zion Johnson is a graduating senior at Independence High School in Loudoun County Public Schools, VA. She is an Advanced Studies Diploma Student, graduating with a 3.54 GPA.

Raigan plans to attend the University of Alabama and major in Biology. She aspires to attend medical school and become a Dermatologist.

Camille Olivia Porter

The Timothy & Sherelle Carper Legacy Award \$1000



Camille Olivia Porter is a graduating senior at Lightridge High School in Loudoun County Public Schools, VA. She is a Virginia Advance Studies Diploma student, graduating with a 4.40 GPA.

Camille plans to attend Virginia Polytechnic University major in Biochemistry. She aspires to become an Oncologist.

NORTHERN VIRGINIA BUSINESS AND PROFESSIONAL WOMEN'S CLUB
FOUNDERS' DAY PROGRAM
And
SCHOLARSHIP RECOGNITIONS
May 21, 2023 2:00 pm

Women Empowering the Future Generation

Mistress of Ceremonies

Dahlia Ashford

Invocation

Rev. SirRitta Attiah

Welcome

Sherelle T. Carper,
NANBPWC, National President
Phyllis Coleman-Lacy

Scholarship Presentations

NOVABPW Special Recognition Award

Dr. Darla Sligh

NANBPWC, Inc. History

Sandra Cooper

NOVA BPW Club History

Darnell Wise Lightbourn

Remarks

Janet A. Ford,
President

Closing Remarks

Constance Morris

Thanks to the Founders'
Day Committee for a
beautiful program.

June 2023

NOVABPWC held June meeting at National Office



June Meeting Held at National Office



Beta Psi President, Janielle Walker was recognized and received monetary gifts from numerous members for her years as a youth and beta psi member and being the 1st Beta Psi college graduate in our District and local club.

Madam President, Janet Ford was presented a beautiful clock for her work and commitment as President and fierce leader of the NOVABPWC. Members in attendance expressed appreciation for all members for President Ford's "Over and Beyond" leadership as President and an awesome Sister-Friend.

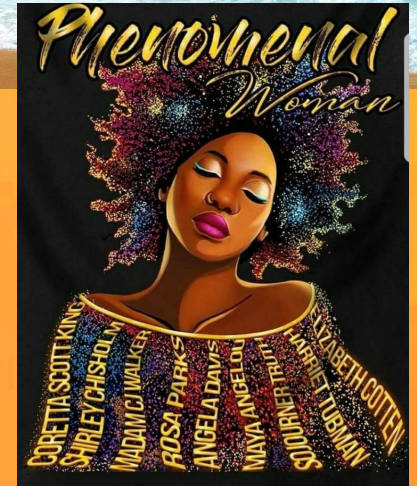
Madam National President, Sherelle T. Carper walked the red carpet and was recognized for major accomplishments during her 4-years as National President. She was also appreciated for her leadership in NOVABPWC and as a member of the Mid-Atlantic District. As Madam National President struts the red carpet, NOVABPWC President Ford announced 5 honors bestowed on Carper: Inauguration of the monthly fourth Sunday National Prayer Call; First Virtual National Convention; First Annual Published Report; Service as the 24th President; and Charter member and co-founder of the NOVABPWC. She also received a gift from the NOVABPW Family.



NOVABPWC First Vice President, Dr. Darla Sleigh presents *Member of the Year Award* to First Honoree, Cassandra Hamler

SUMMERTIME

Feel Special, Unique,
On Top Of the World!
It's Your DAY!



Birthday Blessings Madam President

Sassy Brooks	June 22
Sandra Cooper	July 20
Janet Ford	July 25
Mary Swanson	July 31
Francenia Little	August 13
Quinchela Dent-Hess	September 8
Dr. Deborah Jackson	September 14

Prayers for a Successful
NANBPWC Convention
in Denver July 17-23 2023



Congratulations
Madam Sherelle T. Carper
NANBPWC
National President
Extraordinaire
For 4 Years

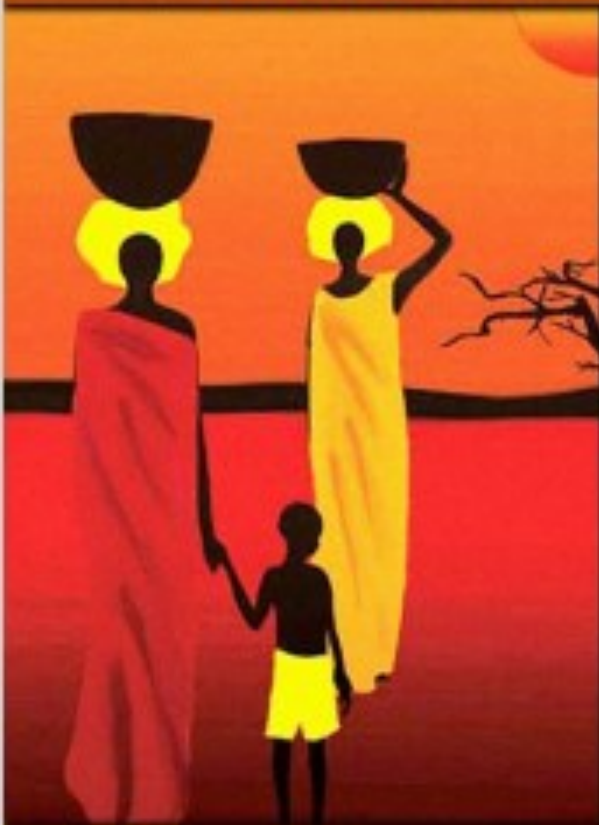
Love Your
NOVABPWC Sisters

June 2023

30TH YEAR CELEBRATION

MANASSAS
AFRICAN AMERICAN
HERITAGE FESTIVAL

art music history food crafts



- AUGUST 5, 2023
- 11:00 AM - 6:00 PM
- METZ MIDDLE SCHOOL
9950 WELLINGTON RD,
MANASSAS, VA

- 100+ Vendors
- Classic Car Show
- Entertainment the Entire Day
- Free School Supplies
- Free Children's Games
- Free Shuttle Service
- and Much, Much More!

"To spotlight, celebrate and commemorate the rich diversity in our culture"

www.maahf.com

703-369-2475

Contact Sister Wanda Tanks Gregory for more Information and to get Engaged

June 2023

READY, SET, GO!

PURSUING

EXCELLENCE

WITH PURPOSE & PASSION



NANBPWC
84TH NATIONAL CONVENTION

JUL 17-23, 2023 AURORA | DENVER

AURORA | DENVER



NANBPWC.ORG

June 2023

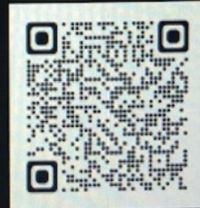


Kingdom Mindset

in the workplace

Aug. 19th, 1:00-1:30pm

Webinar
Q & A



"Leadership is a mentality"

Register at:

 www.LWPAP.com

Mobile Joy

Women of God, who long to sing God's praises! Lifting our voices over the past six years we have spread joy to Nursing homes, rehab centers, homegoing celebrations, Black History programs and other venues within the Northern Virginia communities. Sister Bobbie Jean DeHaven is a founding member.





black **RESTAURANT** week[®]

MORE THAN JUST **A WEEK**

Celebrating the flavors of African American, African, and Caribbean cuisine. Discover Black-owned restaurants and culinary businesses in your community. Eat. Sip. Repeat. Share!

**Milk & Honey Café Brings
New Orleans–Style Brunch Fare
to Ashburn & Fairfax**



June 2023

NANBPWC Convention 2023 Preview

Vocal Arts Competition at NANBPWC Convention-
Mid-Atlantic & NOVABPWC
contestant **Anthony Anderson**,
places Third.



Madam President and Janielle Represent at the NANBPWC Convention



Madam National President at the National Convention in Denver



NANBPWC Convention 2023 Preview



Mid-Atlantic Members representing several Mid-Atlantic Clubs at the Convention.



So Proud of our Beta Psi member and past President, Janielle



JUNE

HOLIDAYS

- 3-National Egg Day
- 7-National Donut Day (1st Friday)
- 6-National Yo-yo Day
- 8-National Best Friend's Day
- 11-National German Chocolate Cake Day
- 11-National Corn on the Cob Day
- 12-National Jerky Day
- 13-National Sewing Machine Day
- 14-Flag Day
- 16-Father's Day (3rd Sunday)
- 17-Eat All Your Veggies Day
- 18-World Juggling Day
- 18-International Picnic Day
- 20-World Refugee Day
- 21-Summer Solstice (longest day)
- 22-National Kissing Day
- 23-National Eat at a Food Truck Day
- 23-Runner's Selfie Day
- 24-Take Your Dog to Work Day
- 26-National Chocolate Pudding Day
- 27-National Sunglasses Day
- 29-National Camera Day

*19 Juneteenth 2023

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JULY

HOLIDAYS

- 1-Canada Day
- 4-Independence Day
- 4-Sidewalk Egg Frying Day
- 4-Independence Day
- 9-National Sugar Cookie Day
- 10-Pick Blueberries day
- 12-Pecan Pie Day
- 13-Barbershop Music Appreciation day
- 13-National French Fries Day
- 14-Bastille Day
- 16-Fresh Spinach Day
- 16-World Snake Day
- 22-Hammock Day
- 24-Pioneer Day
- 24-Amelia Earhart Day
- 26-Aunt & Uncle Day
- 27-Take Your Houseplants for a Walk
- 28-National Milk Chocolate Day
- 29-National Lasagne Day
- 30-National Cheesecake day
- 30-Father-in-Law Day

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AUGUST

HOLIDAYS

- 1-Swiss Day
- 2-National Ice Cream Sundae Day
- 3- Campfire Day (1st Saturday)
- 3-National Watermelon Day
- 4-Sister's Day
- 4-International Forgiveness Day (1st Sunday)
- 6-Wiggle Your Toes Day
- 6-National Root Beer Float Day
- 7-National Lighthouse Day
- 9-Book Lover's Day
- 10-Lazy Day
- 10-National S'mores Day
- 12-Middle Child's Day
- 13-Left Handers Day
- 14-National Creamsicle Day
- 16-National Tell a Joke Day
- 17-National Thrift Shop Day
- 19-World Photo Day
- 21-Spumoni Day
- 22-Be an Angel Day
- 26-Dog Appreciation Day
- 31-National Eat Outside Day

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SEPTEMBER

FOOD HOLIDAYS

- 1- National Gyro Day
- 3- Birthday of Afternoon Tea Inventor
- 4- National Macademia Nut Day
- 5- National Cheese Pizza Day
- 9- Wiener Schnitzel Day
- 10- TV Dinner Day
- 11- National Hot Cross Bun Day
- 12- National Chocolate Milkshake Day
- 13- National Peanut Day
- 14- Eat a Hoagie Day
- 14- National Cream Filled Donut Day
- 15- National Linguine Day
- 16- National Guacamole Day
- 17- National Apple Dumpling Day
- 18- National Cheeseburger Day
- 19- National Butterscotch Pudding Day
- 22- National Ice Cream Cone Day
- 23- National Key Lime Pie Day
- 23- National Great American Pot Pie Day
- 26- National Pancake Day
- 27- National Chocolate Milk day
- 28- Strawberry Cream Pie Day

SO FESTIVE.COM

NOVA IN TOUCH IN TUNE

2023 & 2024

CALENDAR SUBMISSIONS

SUNDAY, SEPTEMBER 10, 2023

SUNDAY, DECEMBER 10, 2023

SUNDAY, MARCH 10, 2024

SUNDAY, JUNE 9, 2024

Submissions are due by 5:00pm EST on Sunday, September 10 for inclusion in the September 30 edition.

Submissions for the December 30 edition are due by 5:00pm EST on Sunday, December 10.

Submissions for the March 30 edition are due by 5:00pm EST on Monday, March 10.

Submissions for the June 30 edition are due by 5:00pm EST on Sunday, June 9.

Submissions to:
Glynda Mayo Hall, Public Relations at:
ggmavo1950@gmail.com

WORD COUNT: All articles/stories should contain no more than 650 to 800 words.

ARTICLES: All articles/stories must be original work that reflects the views of women, most especially women of color. Program information for submission and all other submissions must be written and submitted in Microsoft Word document. Please do not submit PDF documents. Please do not submit photos that are embedded in the word document or in an email. All photographs must be submitted in JPEG or PNG form.

ANNOUNCEMENTS: The length of announcement must be no more than a paragraph of 6 lines. Your announcement should be something that pertains to women, girls, or students, events, meetings, conferences, etc. If there is an accompanying image with an announcement, it must be in JPEG or PNG form. Your announcement must be received no later than the Monday 5:00pm, a week prior to the Sunday publication.

**Thank you. We look forward to receiving
your contribution to our Newsletter**